



Off Leash Dog Park

Located at Dickey Park, 132 East Pleasant Street, the off-leash dog park is a one-acre, fenced-in green space where dogs can run and play all year round. Pull off the highway and take a welcome canine recreation break! Please help keep Amherst clean and beautiful by picking up after your pet and not littering.



Amherst Stadium Indoor Walking track

The Amherst Stadium, located at 185 Church St., is home to an indoor walking track where 5 laps equals one kilometre. The track is open to the public, free of charge, and is designated for walking and jogging.



Marsh Trail

Head out for a walk along Amherst's Marsh Trail, running between Derby Street and the area of North Adelaide Street. Enjoy the trail's beautiful scenery, including excellent views of the Tantramar Marshes of the Chignecto Isthmus. This area was transformed into fertile agricultural land by 17th century French settlers who hand-constructed dykes and drained the salt marshes using one-way wooden sluice gates called aboiteaux.



Benefits of Walking

Research has shown that walking provides personal, social, environmental, and economic benefits. Walking is accessible, enhances physical and mental health, creates greater levels of social interaction and sense of community belonging as well as reducing vehicle use, which saves money and helps with noise and air pollution. Walking also connects people to nature and green spaces.



Trail Wayfinding Signage

A new set of signs has been installed at key locations in Amherst to help people access our series of walking trails in town. Pedestrians can follow these convenient signs to walk through Amherst and have access to key facilities along the way. Check out our trail map on the reverse of this brochure to locate our beautiful green spaces, including: Christie Park, Rotary Park, Dickey Park and many more.



The Bicycle Specialist



Maritime Mosaic in Dayle's Grand Market



Our Backyard BBQ & Smokehouse



the Art of Eating Deli



Amherst Skate Park



Cumberland County Museum & Archives



AMHERST WALKING GUIDE

The centre of it all

Places of Interest

Let downtown Amherst be your center of it all, whether it's shopping, dining, beautiful historic buildings, or somewhere to slow down, Amherst has it all

Parks

- 1 Lions Park
- 2 Christie Park
- 3 Dickey Park
- 4 Beacon Park
- 5 Rotary Park
- 6 Harding Park
- 7 Strawberry Fields
- 8 Northern Telecom Park
- 9 Curry Park

Key Buildings

- 1 Amherst Town Hall
- 2 Amherst Fire Station
- 3 CCUBIC

Gas Stations

Mobil - 128 South Albion St.
Shell - 205 South Albion St.
Irving - 213 South Albion St.
Canadian Tire Gas+ - 146 South Albion St
Esso - 34 NS-6.

Historic Buildings & Landmarks

- 1 Amherst Train Station
- 2 The Old Post Office
- 3 The Armoury DND
- 4 79 Victoria St. E
- 5 91 Victoria St. E

Things To do, Places to See

- 1 Cumberland County Museum
- 2 Amherst Point Bird Sanctuary
- 3 Dayles Grand Market
- 4 Amherst Golf Course
- 5 Condors Lounge
- 6 Bacon's Par 3 Golf Course
- 7 Deanne Fitzpatrick Rug Hooking Studio
- 8 Amherst Farmers Market
- 9 Amherst Artisan Gallery
- 10 The Nova Scotia Highlanders Regimental Museum
- 11 Amherst Library
- 12 King Pin Bowling Limited
- 13 Amherst Theatre

Amherst Walking Guide

Among the many green spaces in our community there are existing trails which are maintained, connected and enhanced for you to enjoy.

Legend

 Dog Waste Receptacles

 Washroom Facilities

 Amherst Trail System

Parks With Walking Tracks:

Lions Park

1

Dickey Park

3

Rotary Park

5

 Amherst Stadium Indoor Walking Track - 185 Church St

 Church

 Free wifi

 Playground

 Benches

 Post Office

 Skate Park

 Splash Pad

 Bank

 Parking

 Police Sation



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 www.amherst.ca

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